



# **The Scottish Strategy for Autism Sixth Annual Conference**

## **Positive About Autism**

28<sup>th</sup> March 2018

Edinburgh International Conference  
Centre, Edinburgh





## Programme

### Morning Schedule

- 09.30am – 10.00am **Registration, refreshments and marketplace in the Strathblane Hall**
- 10.00am – 10.15am **Welcome and Introduction**  
Ms Maureen Watt, Minister for Mental Health
- 10.15am - 10.30am **Welcome**  
Councillor Peter Johnston, Health and Social Care Spokesperson
- 10.30am - 10.40am **Comediennes**  
Janey Godley and Ashley Storrie – mother and daughter
- 10.40am - 11.15am **Launch of the Microsegmentation Report**  
Prof. Tommy MacKay, Principal Investigator, University of Strathclyde
- 11.15am – 12.00pm **Autism Outcomes and Priority Actions**  
Gillian Barclay, Annette Pyle and Darren Tierney - Autism Team, Scottish Government
- Q & A Panel – Ask the panel**, chaired by Jean MacLellan, OBE, Director, Autism Network Scotland

### Afternoon Schedule

- 12.00pm - 1.00pm **Lunch and Marketplace in the Strathblane Hall**  
**Activities in the Carrick, Harris and Ochil Rooms**
- 1.00pm – 2.00pm **REACH for Autism – In our world: A Day on the Spectrum**
- 2.00pm – 3.15pm **Workshops (please attend 1 of 7)**
- 3.15pm – 3.30pm **Refreshment Break and Marketplace in the Strathblane Hall**
- 3.30pm – 4.00pm **Transitions Across the Lifespan Launch**  
Dr Janine Robinson, Principal Educator - Autism, NHS Education Scotland and Lynsey Stewart, Improvement Officer, Autism Network Scotland
- 4.00pm – 4.15pm **Positive About Autism – Launch of the national awards and campaign**  
Gillian Barclay, Strategic Policy Lead, Scottish Government
- 4.15pm – 4.30pm **A Shared Future**  
Geoff Huggins, Director, Health and Social Care Integration, Scottish Government



# Workshop Sessions

Workshops will be delivered in several concurrent sessions, with delegates given the opportunity to attend one workshop from seven. Please note your workshop session will be on your badge.

Workshop Title & Speakers	Workshop Content	Room
<p><b>Workshop 1: Promoting Positive Communication - Working together to Get It Right for children with autism and their families</b>  <b>Lorna Johnston, Depute Head of ASL, City of Edinburgh, Hatty Chick, Educational Psychologist, City of Edinburgh, Marion Rutherford, Clinical Lead for ASD, Speech and Language Therapy, NHS Lothian</b></p>	<p>The experience in one local authority of multi-disciplinary working following a systematic approach and applying the evidence base. The workshop will offer an opportunity to explore how participants might influence similar developments in their own locality.</p> <p>We will share examples of service developments:</p> <ul style="list-style-type: none"> <li>• Consultation with professionals, young people with ASD and their families</li> <li>• Map of ASD Parent Supports (0-18 years)</li> <li>• Implementing post-diagnostic support</li> <li>• Professional Learning Framework for education staff</li> <li>• A multi-disciplinary Planning and Assessment Framework that fits well with Curriculum for Excellence</li> <li>• Developing inclusive practice across primary and secondary contexts</li> </ul>	<p><b>Harris 2</b></p>
<p><b>Workshop 2: Scottish Autism Centre for Practice Innovation</b>  <b>Charlene Tait, Director of Practice and Research, Diane Mclean, Autism Practitioner and Rachel Forbes, Autism Practitioner</b></p>	<p>In 2014, Scottish Autism launched The Centre for Practice Innovation. This workshop will provide an overview of the centre and will highlight examples of developments led by practitioners that have improved practice and have delivered a novel approach to staff learning and development.</p>	<p><b>Carrick 3</b></p>
<p><b>Workshop 3: Employment and autism (3 x 20 minute sessions)</b></p> <ol style="list-style-type: none"> <li><b>Scottish Government action to increase disability employment – Julie Biloti</b></li> <li><b>Moving Forward staff and participants – James Doherty, Billy Doherty, Warren Deakin</b></li> <li><b>Autism Initiatives Number 6 service – Rebecca Curtis-Moss and Andrew Horseman</b></li> </ol>	<p>In this workshop you will hear a bit about what the Scottish Government is doing to support more disabled people into work and examples from Autism Initiatives Number 6 and NAS Prospects services of approaches to supporting people to secure and sustain jobs.</p>	<p><b>Harris 1</b></p>





Workshop Title & Speakers	Workshop Content	Room
<p><b>Workshop 4: Adult Diagnosis – Six Studies of Self</b>  <b>Anne Marie Gallagher and Jennifer Friel</b></p>	<p>The session will describe the rationale behind the development of ‘6 studies to sense of self programme’ and how it is being used in NHSGG&amp;C. This programme is presented in the format of a workbook, it supports individuals to consider if they would meet the diagnostic criteria for an autism spectrum disorder, describes ‘the task’ expected of autistic people to live in the social world and explores strategies that that have a positive impact on well-being.</p> <p>This programme has been used in a variety of settings, pre-diagnostic support, supported self-management, family support, promoting access to mental health services.</p> <p>The co-presenter Jennifer will discuss positive aspects of her supported development of self, through diagnostic assessment, group self-management and support in accessing services.</p>	<p><b>Ochil 1</b></p>
<p><b>Workshop 5: NHS Education for Scotland (NES) – Evidence based Innovations in Autism Intervention</b>  <b>Dr Jennifer Shields, Principal Educator – Autism, NHS Education Scotland</b></p>	<p>The workshop is intended to provide delegates with an update of evidence-based intervention approaches. NES may consider including some of these in the programme of <b>Management, Support &amp; Intervention</b> training events in the future.</p>	<p><b>Ochil 3</b></p>
<p><b>Workshop 6: How to implement the national Strategy at local level</b>  <b>Jean MacLellan, OBE, Director, Autism Network Scotland and Duncan McIntyre, Social Work Scotland</b></p>	<p>This workshop will provide an overview of what is happening across Scotland and will discuss how to make the most impact locally in the years ahead.</p>	<p><b>Carrick 2</b></p>
<p><b>Workshop 7: The New Scottish Social Security</b>  <b>Jane Sterry, Senior Policy Adviser, Ill Health and Disability Benefits Unit, Miriam Craven, Head of Local Delivery Agency Implementation and Carole Edwards, Principal Research Officer - Social Security Operations and Delivery Analysis</b></p>	<p>The “New Scottish Social Security” session will look to provide delegates with information on a number of key aspects of the upcoming Scottish Social Security, including an outline of the story so far. Delegates will hear exactly which benefits are being devolved to Scotland and how we intend to deliver a human rights based social security system based upon the key principles of dignity and respect. There will also be an opportunity to hear an update on agency implementation, including where the agency will be located. Finally, you will hear about how we are working together with our experience panels to design a social security system that works for the people of Scotland when they need it.</p>	<p><b>Ochil 2</b></p>



## LUNCHTIME SESSIONS

There will be a variety of workshops and/or performances taking place during the lunch hour (12.00pm – 1.00pm). There is no need to book, just drop in and out as you feel.

**Various Moons** (Autism Initiatives, No 6 session) will perform a selection of songs in **Ochil 3**

**Dr Peter McKenna**, Research Associate, Heriot- Watt University will be showcasing A Nao the robot and talking about his research in **Harris 1**

**Artlink** Edinburgh and Lothians will be hosting 4 workshops (see below)

Workshop	Title	Content	Of interest to	Room
Make up session	Make-you-up	Katie Buchanan and Rachael Forbes (Make Up Artists who have worked together in Artlink's Creating Agency project) will offer delegates a make over	Anyone who fancies a new look – daytime, occasion or special FX – men welcome too!	<b>Carrick 2</b>
Turning knowledge into activity	The Little Book of Magic	Parent John Fletcher and artist Jim Colquhoun on developing a recipe book, with ideas for developmental activity inspired by John's son's sensory interests who has complex needs	Parents  Support and care teams  Day service providers	<b>Carrick 3</b>
Drawing session	KMAdotcom drawing workshop	An oasis of calm to escape from life, with sessions facilitated by an artist collective with and without autism/learning disability called KMAdotcom	Anyone who is feeling creative	<b>Ochil 1</b>
Making something from a knowledge of someone's sensory interests	Product Design for the senses	Artist Lauren Gault will help you create objects to appeal to the senses and describe her work with 'Colin's Collection'	Parents of young or adult children with sensory interests and support staff who work with people with complex needs or sensory interests	<b>Ochil 2</b>



## MARKETPLACE

Located in the **Strathblane Hall**, the Marketplace will be manned from 09.30am – 10.00am, 12.00pm – 1.00pm and 3.15pm – 3.30pm

## MARKETPLACE ORGANISATIONS

**Artlink** **Artlink Edinburgh and Lothians** is an arts and disability organisation established in 1984, who will be hosting 4 workshops during lunchtime. Artlink believes participation in the arts has an important role to play in realising personal and social change. Through involvement in art we make connections between people, their experiences and our community - we value people for who they are and celebrate diversity.



**Autism Initiatives** was founded in the early 1970s by a parent of an autistic boy and we remain a parent-led charity. We provide services to autistic people throughout Scotland through our housing support, care-at-home and outreach services. We provide services to over 2,500 autistic people through our three one-stop-shops – No 6, No 3 and HOSS. Our vision is of a world where autistic people and neurotypical people understand, accept and appreciate each other. Our mission is to meet the needs of autistic people, their families and those close to them by providing a range of services that are personal, professional and innovative.



**Autism Network Scotland**, based within the University of Strathclyde is a delivery partner in the implementation of the Scottish Strategy for Autism. In addition to the Strategy, Autism Network Scotland collaborates with many partners, providing, training, consultancy services and responses to enquiries from autistic individuals, parents, carers and practitioners.

**INSPIRING**

**SCOTLAND**

**Inspiring Scotland** was formed in 2008 to tackle some of the long-term entrenched social problems faced by Scotland's people and communities. Problems like long-term unemployment, poor health and inequalities. We wanted to change that. To do this, we adopted the venture philanthropy model of long-term financial support matched with tailored development support to the charity sector. We help organisations to maximise their social impact. Over the last 10 years, we are delighted that over 100,000 lives have been transformed, we've worked with over 300 charities and managed £120m in funds.



## MARKETPLACE ORGANISATIONS CONT.



**REACH for Autism** was founded in 2012 and is a grass roots, community-led family support project. Its delivery method focuses on Relationships, Education, Action, Community and Health (REACH) to help autistic individuals feel empowered, find a sense of purpose, feel connected to others and reach their potential – regardless of the complexities of their support need.

# Scottish autism

CELEBRATING 50 YEARS

**Scottish Autism** is the largest provider of autism-specific services in Scotland and a leading authority and advocate for good autism practice. Our vision is a world where autistic people can lead meaningful and fulfilling lives and be recognised as valued members of the community. We also seek to share our knowledge and expertise with parents, carers and other professionals in order to support the development of skills and strategies needed to provide the best care and support for autistic people.



**Fairer  
Scotland**  
Scottish  
Government

**Social Security Directorate** is responsible for ensuring the safe and secure transition of benefits to be devolved to Scotland from the UK under the Scotland Act 2016. These currently cover around 1.4 million people and amount to around £2.8 billion.



**SWAN** is committed to building on the wider autism knowledge base through highlighting, respecting and sharing the lived experiences of autistic women and girls. It is an inclusive organisation. SWAN offers peer support for autistic women, facilitated by autistic women, with local meet-up groups run currently on a monthly basis in Glasgow, Edinburgh and Moray. SWAN facilitates 2 private Facegroup chat forums for adults and younger women, and run a website, which has filmed presentations and feedback from the partnership Learning

Events held since SWAN was established in 2012 (partners include Autism Network Scotland, Scottish Autism and Inspiring Scotland). Members of the SWAN network have contributed to Scottish Autism's Right Click for Women and Girls in every aspect including taking part in filmed interviews for the resource, participating in research surveys and focus groups and acting as reviewers for the content. There is new material being prepared for Right Click to go online very soon!



## MARKETPLACE ORGANISATIONS CONT.



**The National Autistic Society Scotland** is a leading charity for autistic people in Scotland and their families. We provide local specialist help, information and care across Scotland to autistic children and young people, adults, and their families and carers. We offer a wide range of personalised quality support at home and in the community, both in groups and one-to-one. Our branches in Scotland offer families and autistic people help and mutual support, and our employment team support autistic people in work and their employers.



The Richmond Fellowship  
Scotland

**The Richmond Fellowship Scotland** is a charity which supports over 2800 people across Scotland with a broad range of needs to live as independently as possible in their own homes and communities. We are the largest provider of social care services in Scotland, providing personalised, high-quality community-based services for those who require support in their lives. We are people-focused, motivated by the needs of individuals and communities, not profit. We are driven by strong values and a firm commitment to choice, dignity and social inclusion.

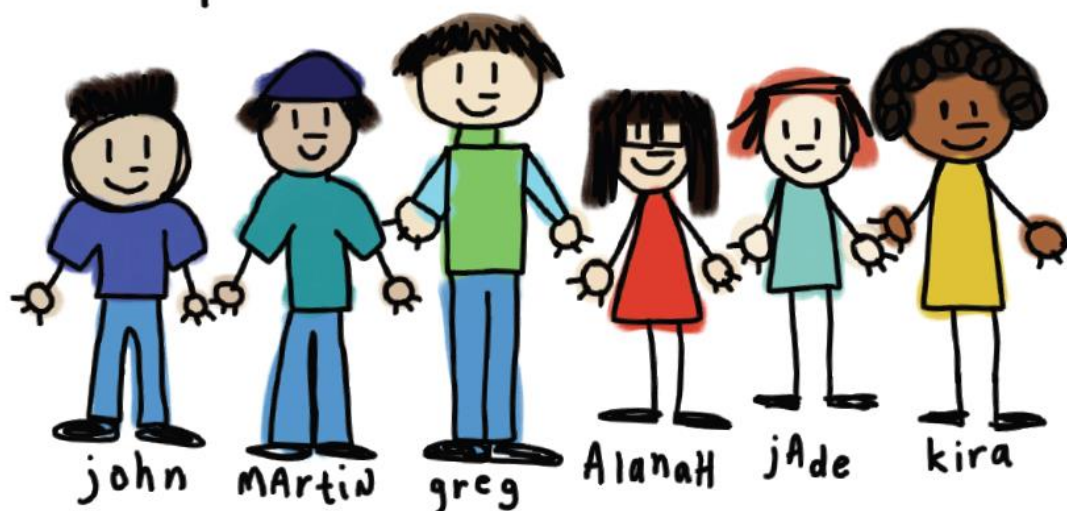




REACH for Autism Play (1.00pm – 2.00pm)

# A DAY ON THE SPECTRUM

in Our world.



How much do you know about autism? In recognition of the thousands of people living with autism in Scotland this sketch and Q&A explores themes of education, bullying, criminal justice, sensory issues, employment, travel and acceptance.

This is a funny and moving piece created and performed by the youth group REACH for Change (from REACH for Autism, Greenock, Inverclyde) using their own experiences. It may not be the most polished performance you'll see, but it's real and comes from the heart of six young people who want to make a difference for others living with autism.

If you are willing to learn more about autism then come along to find out what a day on the spectrum is really like: *In Our World*.

Please note that the performance is in support of autism awareness and some parts may not be suitable for some autistic individuals.





# NOTES

