

# THE ROAD TO DISCHARGE



Assess

A clinical assessment has determined you no longer need to be in hospital

**A multi-disciplinary team** will assess your long term needs, after discharge



Recover

You may need some time to recover before you go home

**Intermediate Care** can be provided in your own home, a care home or community hospital



Go home

you might need on-going **community support** when you go home

or you may need to move into a **care home**



Review

your care provider will regularly review your care needs

and will adjust your care package, as required

## Under the bonnet

- The facts explained •

### multi-disciplinary team

will include all the people involve a range of health and social care professionals.. They will talk to you about what help you might need on your return home



### Intermediate Care

includes a range of different services all aimed at helping you stay independent and confident after your hospital stay



### community support

includes a range of different health and social care services, including - home care, specialist nursing, and a range of third and independent sector services



### care home

if you have very complex needs you may need to go into a care home. You will be able to choose which home you would like to stay in.



But sometimes you might need to make a temporary move to another home, just until your home of choice has a place for you.



you might be asked to contribute towards the cost of some community support services