

## Consultation response: the provision of specialist residential chronic pain services in Scotland

Question 1: We would like to know in what context you are responding. Please choose one of the following:

I am responding as:

- a) an individual who experiences chronic pain
- b) a family member or carer of someone who experiences chronic pain
- c) a health professional
- d) an organisation representing people who experience chronic pain
- e) other stakeholder (please tell us in the comments box below)

I HAD ATTENDED THE GLASGOW HOMEOPATHIC HOSPITAL FOR YEARS AND HAVE GOTTEN THE BENEFIT FROM ACCIDENTS.

Question 2: Please choose your preferred option (Chapter 2 provides details).

- Option 1 – a centre of excellence in a single location
- Option 2 – a service delivered by local chronic pain clinicians (supported by other clinical advisors in another part of the country)
- Option 3 – a service delivered in different locations (by a team of chronic pain specialists – an outreach or roving service)

Please tell us why this is your preferred option in the comments box below. The factors listed in Chapter 2 of the consultation paper may help you.

I KNOW THE BENEFITS FROM A ONE CENTRE DELIVERY CENTRE. AS STATED ABOVE I MAY HAVE HAD TO TRAVEL TO GLASGOW BUT TO MEET MANY DIFFERENT CLINICIANS UNDER THE ONE ROOF WAS SO CONVENIENT AND HELPFUL AS THEY GOT TOGETHER TO DISCUSS MY TREATMENT. YOU ALSO BUILT UP A TRUST AS YOU SAW THE SAME PEOPLE.

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Question 3: Are there any of the options you disagree with? (If No, move straight to Question 4.)

If yes, please tell us which one(s) in the comments box, and why?

HAVING TO TRAVEL OUTWISCA SCOTLAND,  
DEFINITELY NOT WANTING TO SEE OTHER  
CLINICIANS SUPPORTED BY ADVISERS. THESE  
ARE CLINICIS THAT NO ONE PASSES ON  
INFORMATION OR YOUR CLINICIAN IS BUSY  
ELSEWHERE. HAVE IN THE PAST BEEN ASSESSED  
IN MY LOCAL AREA AND GOT NOWHERE.

Question 4: If you have other ideas that have not been covered, please tell us about these in the comments box below. You may want to include the advantages and disadvantages of each.

- WITH GET RID OF A CENTRE THAT WORKS.
- A GOOD, HELPFUL KNOWLEDGEABLE STAFF WHO WORK TOGETHER AND WHO YOU CAN RELY ON AND TRUST. THATS WHAT YOU GET IN THE CLASSIC HOMEOPATHIC HOSPITAL.
- LISTEN TO THE PEOPLE WHO WOULD OR HAVE USED THE SERVICE INSTEAD OF LISTENING TO BE WHO CLAIM THATS THERAPY DOES NOT WORK.

Question 5: What do you think the barriers are to accessing a residential pain management service? (For example, distance away from family, work or family commitments, upfront travel costs.)

Please list as many as you wish in the comments box below and include any others that are important to you.

Obviously Family/Work commitments  
have to be taken into consideration.  
But in the long run if you can get  
help in one centre to help your pain  
then this will actually cost less and  
improve your family/work issues.

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Not enough funding going into these  
centres or job security for the staff  
if there are threats of closure.

**Question 6: Please choose from the list below which aspects of residential pain management services should be included in a Scottish service.**

(choose as many as apply)

- A chronic pain assessment
- Supported one-to-one sessions to teach coping skills
- Group sessions
- Residential accommodation
- Opportunity for immediate carer/support provider to accompany patient
- Peer support
- Tailored exercise programme
- Medication assessment
- Other (please tell us in the comments box below)

Opportunities for people to meet all the health care individuals who may help them under one roof and see dentist under one roof instead of different hospital appointments. It would save on coming different days of work or spending out money.

**Question 7: Irrespective of the final service model selected, should access to the current service provided in Bath (or elsewhere in the UK) be retained for occasional use?**

Yes  No  Don't Know

**Question 8: Have you previously attended, or supported someone attending a residential service outside Scotland?**

Yes  (please answer Question 9)

No  (please move straight to Question 10)

**Question 9: If you have attended, or supported someone attending a residential service outside Scotland, please tell us about any advantages and disadvantages of the experience.**

**Question 10: If you, or someone close to you, has been offered but declined a residential service outside Scotland what were the reasons for this?**

**Question 11: If you wish to add any further comments on issues raised in the consultation paper or current chronic pain services in Scotland, please use the comments box below.**

(End of questions. If you require more space to write answers, you may submit as many additional pages as you wish. If doing so, please clearly state the question numbers that your answers relate to.)