

Consultation response

Question 1: We would like to know in what context you are responding. Please choose one of the following:

I am responding as:

- a) an individual who experiences chronic pain
- b) a family member or carer of someone who experiences chronic pain
- c) a health professional
- d) an organisation representing people who experience chronic pain
- e) other stakeholder (please tell us in the comments box below)

An organisation working to achieve better support for unpaid carers

Question 2: Please choose your preferred option (Chapter 2 provides details).

- Option 1 – a centre of excellence in a single location
- Option 2 – a service delivered by local chronic pain clinicians
(supported by other clinical advisors in another part of the country)
- Option 3 – a service delivered in different locations
(by a team of chronic pain specialists – an outreach or roving service)

Please tell us why this is your preferred option in the comments box below. The factors listed in Chapter 2 of the consultation paper may help you.

We believe that both option 1 and option 2 are viable options. Whilst there is value to an outreach or roving service in terms of delivering support in people's own communities. However, we do note the issues raised in relation to sufficiency of supply of appropriate staffing.

Question 3: Are there any of the options you disagree with? (If No, move straight to Question 4.)

If yes, please tell us which one(s) in the comments box, and why?

Comments (box expands with text input - there is no word limit)

Question 4: If you have other ideas that have not been covered, please tell us about these in the comments box below. You may want to include the advantages and disadvantages of each.

Comments (box expands with text input - there is no word limit)

Question 5: What do you think the barriers are to accessing a residential pain management service? (For example, distance away from family, work or family commitments, upfront travel costs.)

Please list as many as you wish in the comments box below and include any others that are important to you.

There are a range of barriers that may impact on access to a residential pain management service. These include, for example, the ability to pay upfront for travel costs. Consideration of travel costs to enable carers to either visit or, including residential costs, to stay with the person experiencing chronic pain should also be considered. Many families experiencing disability and ill health and caring responsibilities also face significant financial disadvantage making payment of these costs a real barrier. The examples given of work or family commitments including responsibility for children and time away from family may also be, as indicated, a barrier. Moreover, it should not be forgotten that many people with a disability or ill health, including chronic pain, also provide unpaid care. It will be necessary in these circumstances to ensure that suitable social care services are available to provide care to the person they care for, without which access to residential pain management may be impossible.

Question 6: Please choose from the list below which aspects of residential pain management services should be included in a Scottish service.

(choose as many as apply)

- | | |
|---|-------------------------------------|
| A chronic pain assessment | <input checked="" type="checkbox"/> |
| Supported one to one sessions to teach coping skills | <input checked="" type="checkbox"/> |
| Group sessions | <input checked="" type="checkbox"/> |
| Residential accommodation | <input checked="" type="checkbox"/> |
| Opportunity for immediate carer/support provider to accompany patient | <input checked="" type="checkbox"/> |
| Peer support | <input checked="" type="checkbox"/> |
| Tailored exercise programme | <input checked="" type="checkbox"/> |
| Medication assessment | <input checked="" type="checkbox"/> |
| Other (please tell us in the comments box below) | <input type="checkbox"/> |

Support and information services for carers to enable them to support the person to self-manage their condition and to have full understanding of the services provided by pain management. This should also include information on accessing carer support services through carers centres, local authorities and condition specific organisations.

Question 7: Irrespective of the final service model selected, should access to the current service provided in Bath (or elsewhere in the UK) be retained for occasional use?

Yes No Don't Know

It would appear to make sense to offer most individuals their service within Scotland. However, it may be appropriate to retain this as an option for use where this is necessary, for example, based on clinical decision or patient preference.

Question 8: Have you previously attended, or supported someone attending a residential service outside Scotland?

Yes (please answer Question 9)

No (please move straight to Question 10)

Question 9: If you have attended, or supported someone attending a residential service outside Scotland, please tell us about any advantages and disadvantages of the experience.

Comments (box expands with text input - there is no word limit)

Question 10: If you, or someone close to you, has been offered but declined a residential service outside Scotland what were the reasons for this?

Comments (box expands with text input - there is no word limit)

Question 11: If you wish to add any further comments on issues raised in the consultation paper or current chronic pain services in Scotland, please use the comments box below.

Comments (box expands with text input - there is no word limit)