CONSULTATION QUESTIONS

1. How important do you think it is that we aim to be a Good Food Nation?

   Very We cannot afford financially not to be

2. How would we know when we had got there? What would success look like?

   Low obesity rates
   low type 2 diabetes rates
   Low alcoholic rates
   becoming known as culinary destination
   Better institutional food i.e. NHS
3. Do you agree with the proposed vision? How would you improve it?

I think the gov may have to intervene more strongly especially regarding alcohol not just at retail but in the on-trade as well

4. How would your life be better? What does being a Good Food Nation mean in your locality?

Hospital services could be less stressed by people with “self inflicted” conditions

5. Are there any other essential steps we need to take before setting out on this journey?

Need to set SMART goals and genuine benchmarks also need to be realistic about our place in the world and avoid “tourism speak”

6. How do you think a Food Commission could best help?

By acting as a policy forming forum to whom the Gov would require to explain why it is not in agreement

7. In what areas should indicators be set to check we are on track towards our goals?

Health i.e. we need to see falling rates of various conditions as above
Provision of services we need to see a real improvement in satisfaction with institutional food
Tourism we need to see that we are regarded as a place where food is held in high esteem
8. What are your views on the different approaches that could be taken to help us become a Good Food Nation?

**WE** need to legislate and educate at the same time but we need to be clear about the message and also select the best way to deliver it.

9. Do you agree with the proposed initial focus on:

- Food in the public sector **very much so**
- A children’s food policy **yes**
- Local food not so important the issues around food miles etc are hugely complicated and should become a distraction **yes**
- Good food choices and **yes**
- Continued economic growth? **yes**

**Comments**

10. Which other areas would you prioritise?

Introduction of understanding of the main aspects of food into schools

11. What other steps toward achieving a Good Food Nation would you recommend?

Find good role models and deliver the message in a way which makes people not feel guilty

12. What else should be considered?

**Comments**
13. What steps do you plan to take to help Scotland on the journey toward becoming a Good Food Nation – in the next month and in the next 12 months?

I plan on getting appointed to the commission  14. How did you hear about this Discussion Document?

Comments