## CONSULTATION QUESTIONS

1. How important do you think it is that we aim to be a Good Food Nation?
   - Very important

2. How would we know when we had got there? What would success look like?
   - Lots more growing spaces for people, green estates, allotments, people being able to buy locally grown food at markets. Children eating healthier foods.

3. Do you agree with the proposed vision? How would you improve it?
   - Yes, give people more help to be more self sufficient

4. How would your life be better? What does being a Good Food Nation mean in your locality?
   - Eat seasonally, cook with what's growing in the soil not what's offered in supermarkets or what tv chef has decided to encourage everyone to buy for one of their recipes. stop huge lorries delivering food from all over the world being on our roads. Building a network of growers to then sell.

5. Are there any other essential steps we need to take before setting out on this journey?
   - Find out the hurdles people who are already out there trying to be a good food nation are finding just to grow some fruit and veg to help them save money on food and be able to afford other items.

6. How do you think a Food Commission could best help?
   - Keeping links and networking, helping with the paperwork. Training people up to deliver workshops on growing buying and selling their produce.

7. In what areas should indicators be set to check we are on track towards our goals?
   - Where people are changing their attitude to food. Having more contact with where their food is coming from.
8. What are your views on the different approaches that could be taken to help us become a Good Food Nation?

They look fine

9. Do you agree with the proposed initial focus on:
   - Food in the public sector
   - A children’s food policy
   - Local food
   - Good food choices and
   - Continued economic growth?

Yes they are all very good proposals

10. Which other areas would you prioritise?

Locally grown food, whether it’s on a window sill, allotment, or in containers

11. What other steps toward achieving a Good Food Nation would you recommend?

 Teachers training should include outdoor learning, get the kids out getting their hands dirty!

12. What else should be considered?

 Architects should have growing spaces in their plans for new build estates rather than the prickly bushes planted to deter kids from playing have orchards, polytunnels and raised beds for the community.

13. What steps do you plan to take to help Scotland on the journey toward becoming a Good Food Nation – in the next month and in the next 12 months?

Helping more people find little scraps of land not being used to start growing their own food

14. How did you hear about this Discussion Document?

Nourish Scotland

Responding to this Consultation Paper

We are inviting written responses to this consultation paper by 17th October 2014. Please send your response with the completed Respondent Information Form (see "Handling your Response" below) to: