At the Scottish Centre for Healthy Working Lives, we have one very important focus. It’s our job to help employers, employees and all our partner agencies come together to create a much healthier and motivated workforce.

Whatever people want to do for a living, and wherever they are in Scotland, our vision is to give them the opportunity to work in ways that allow them not only to sustain, but also to improve, their health and well-being.

We also want to support those who aren’t currently employed – for example, due to a period of ill health – but who want to go back to work and reap all the benefits of employment.

The fact is that everyone in Scotland will benefit from our having a healthier workforce.

Historically, Scotland has had a poor health record, though in recent years much has been done to turn this around. Our health is improving, and premature deaths from both accidents and disease are declining. The role of work and workplaces in contributing to this progress has been fundamental, and this remains the case as we strive to achieve the levels of health enjoyed by most of our European neighbours.
The Centre, which is guided by a National Advisory Group, leads more than 80 staff based in three regions – the north, east and west of Scotland. We work very closely with NHS boards and local authorities, and a range of important partners and stakeholders.

Key partners:
- employers – of all sizes, and in all sectors, and their representative bodies, including the Confederation of Business Industry (CBI) Scotland and the Federation of Small Businesses (FSB)
- Scottish Enterprise
- our partners across the NHS in Scotland
- the Scottish Executive
- the Health and Safety Executive (HSE)
- Jobcentre Plus
- the Convention of Scottish Local Authorities (COSLA)
- the Scottish Trades Union Congress (STUC)
- the Faculty of Occupational Medicine (FOM)
- and the Royal Environmental Health Institute of Scotland (REHIS)

Working for you
The Centre provides the tools – information, advice and other services – to help create healthier and more productive workplaces.

We can offer advice on the latest health and safety legislation, occupational health support, and help with health promotion.

For a full range of the services provided, refer to our services leaflet, available on our website, or from your local Healthy Working Lives team.

For free and confidential advice, or to arrange a workplace visit, call our adviceline free on 0800 019 2211. Alternatively, you can contact your local Healthy Working Lives team based in your NHS Board area. The contact details for each team are available from the adviceline and are given on our website.

Want to know more?
For more information, please get in touch. Contact us at:
The Scottish Centre for Healthy Working Lives
Princes Gate, 3rd Floor
Castle Street
HAMILTON
ML3 6BU

You can also email us via our website.

Our five key deliverables are to:
- deliver and develop services, either directly or through delivery partners, that promote the Healthy Working Lives agenda
- translate policy for Healthy Working Lives and report on implementation progress and impact
- create coherence and a shared sense of direction for Healthy Working Lives among partners and stakeholders
- inform policy for Healthy Working Lives
- build the evidence base for Healthy Working Lives, to enable the development of the long-term business case.